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## ILOA conducts important seminar for students

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The first seminar in the academic year 2014-2015 for the students of Indian Learners Own Academy (ILOA) was held on Tuesday, 20 May 2014. This seminar was addressed by Brig. Sushil Bhasin in the school auditorium for classes VII-XI. It was a great delight for students to attend this seminar. The Literary Secretary Karan Sanal, of Class-IX introduced the Chief Guest and the Principal Mrs. Asha Sharma honored him with a gift and a bouquet. Mr. Sushil Bhasin has served in the army for 37 years and after retirement, shifted his focus to his old dream of making a difference in others lives, which was his inner calling.

Mr. Sushil Bhasin is an eloquent orator. He introduced the students to a game in which each one of them were asked to participate. They had to pass juggling rings to one another without it touching the ground and without using their thumbs. They were divided into groups according to their houses (i.e. Earth, Fire, Air, Water and Space).

The idea behind this activity was to apprise students with the fact that we often underestimate ourselves and with practice and precision anything can be achieved. Students were also made aware of a new acronym-IALAC i.e. I AM LOVEABLE AND CAPABLE that helped students to accept and appreciate themselves. All the students enjoyed the session a lot and they even learnt a few skills of life, like working in a team with a healthy team spirit, developing positive thinking, and managing time adequately, accepting ourselves as we are and others too, learning from their past experiences etc.

At the end of the session Mr. Sunil Bhasil asked each student to give a feedback of the seminar on a sheet of paper. Finally, the cultural secretary Meenakshi Sreekumar of Class-IX expressed her gratitude towards the Chief Guest with a vote of thanks.

By Alisha Sara Jose  
Class IX, Student Editor

"It is hard to fail, but it is worse never to have tried to succeed."

"Envy comes from wanting something that isn't yours. But grief comes from losing something you've already had."

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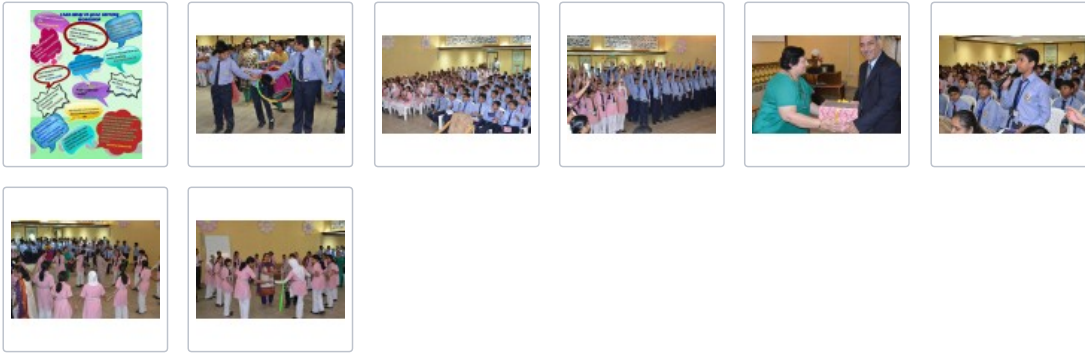
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